



## Co-Facilitator

This position, ideal for aspiring mental health professionals, serves to co-lead the multi-week workshop series, [\*Thriving, Not Just Surviving\*](#). They work with our dedicated programs team to offer inclusive, accessible, and engaging program services to participants. This role's estimated weekly time commitment is 4-6 hours and varies by time of year. *Opportunities to engage directly with participants will depend on quarterly participation numbers.*

This role works closely with other student volunteers, community clinicians, and reports to the Program Manager.

### *Responsibilities:*

- Participate in scheduled trainings before facilitating workshops
- Serve as a co-facilitator for *Thriving, Not Just Surviving*, a workshop series for survivors of interpersonal violence (sexual assault, stalking, dating, and domestic violence) which entails:
  - Regularly correspond with participants and potential participants enrolled in the assigned small group
  - Setting up the space before each workshop
  - Being mentally and emotionally present during workshops
  - Leading check-in and check-out discussions at the beginning and end of each workshop
  - Within the scope of the volunteer role and as appropriate, provide relevant emotional support and resources to participants, including during times of distress (ie, anxiety/panic, triggered by content, etc.). *Please note, this role is supported by a program manager and on-staff clinician.*
  - Advocating for the needs of participants
  - Regularly engage in psychoeducation debriefs and working sessions with on-staff clinician and other co-facilitators
  - Collect pre and post-survey data and participant feedback to improve programs
- Serve as an active resource for survivors and assist with connecting participants and community members to support services
- Serve as a co-facilitator in other program groups if needed
- Serve as needed to help develop/coordinate workshop series (ie, selecting community providers, creating program curriculum, and selecting materials)
- Share program feedback and constructive feedback on improvements
- Attend at least 75% of biweekly team meetings, unless a scheduling conflict exists, in which case an alternative plan can be arranged



*Expectations:*

We are looking for a passionate Undergraduate student striving to be a part of the change they'd like to see in the community. We are looking for someone devoted to our mission to “inspire resilience in response to violence by promoting holistic community healing initiatives.” We understand there are a lot of expectations for this position, if selected, you will be thoroughly trained and prepared to take on each responsibility. We also offer continuous professional development and mentorship opportunities. Past volunteers have shared that this role not only helped inform their career decisions but gave them practical experience to get there faster.

*An ideal candidate should have:*

- Strong interpersonal, leadership skills, and public speaking skills
- Google Workspace skills, or a willingness to learn
- The ability to see the strength in others and help everyone feel included
- Good organizational, written, and communication skills
- Good problem-solving skills
- Strong sense of commitment to the mission
- Familiarity working with survivors is preferred but not required
- An unparalleled passion and drive for supporting survivors of interpersonal violence on campus and promoting holistic healing at large

Learn more about our team: <https://www.thethrivinginitiative.org/apply>